

AngelaBatesDanceAcademy.com Ridley Creek Plaza 5129 West Chester Pike Newtown Square, PA 19073 610-325-2003 angelabatesdanceacademy@gmail.com

Welcome to the 2018-2019 Season of Dance Education, Training and Fun!

All of us here at ABDA are thrilled to have you join our dance family! We have an exciting school year planned for you. The information on pages 3-8 is filled with information covering the entire school year. If you have any questions or concerns, please contact us at your earliest convenience by giving us a call at 610-325-2003 or sending us an email to angelabatesdanceacademy@gmail.com.

Classes start Saturday, September 8th (see the full studio calendar below). Please make sure you have registered for your classes before the first day of your class, so we can properly take roll. Also, make sure you have paid your 1st Quarter Tuition and Registration Fee to avoid a late fee. You may submit a check or bring cash on your first day of classes OR log into your student portal or contact us via email to run your on-file credit card. See below the ABDA Dress Code policy to make sure you are dressed appropriately for your first class, hair pulled back accordingly and have the correct footwear.

Every family has a student portal through the Jack Rabbit software program. You can find this link on our website by clicking on "student portal". It will prompt you to log in using the primary email address that was submitted during registration. If you did not create a password or it is not working, click on "forgot password" and enter your email address. You can then change your password and successfully log in. There is a video that will explain how to use your portal. Once logged in, you can view your dancer's classes, update contact info, add an on-file credit card, view special announcements, etc. We will post all tuition, costume and performance fees to your account for you to view. It is a great tool to keep everyone informed! If you ever have any problems or questions regarding your student portal, please do not hesitate to contact us.

We will also send emails periodically with important information and reminders. It would be best to keep all communications for the school year as you receive them from our office, whether saved in your email or printed and placed in a folder. You will be receiving information about your participation in our annual December Holiday Show and our June end of the year recital. We welcome your comments and suggestions regarding any of our policies or procedures at any time.

Please note that the waiting rooms are made available for the convenience of our students and their families. The waiting rooms are for waiting, reading, TV watching, snacking, conversation, video viewing, homework, and children playing with toys or games. We ask that you please respect the activities of others and the classes in session. If you use our books and magazines, we would appreciate it if you would return them to the shelves. If younger siblings play with our toys, please make sure you return all toys to where you found them. Do NOT leave all the toys out for someone

else to clean up. If you do make a mess, please clean up after yourself. Your cooperation is greatly appreciated. Parents/guardians may drop off dancers and leave to run errands and what not OR they may stay in our waiting area while dancers are enjoying life in our studios.

We request that you arrive at the studio with adequate time to prepare for class, parking, changing, restroom, etc. Parents, for your children's safety, please be available in the waiting room to receive students when dismissed from class. Please call whenever delayed for class start time or pickup. Make sure to park in an actual parking spot out front of the studio to avoid any confusion or safety concerns. Drive slowly and carefully while in our parking lot and be on the lookout for tiny dancers popping out behind cars. Dancers should use the restroom BEFORE class begins especially younger ones. It is advised that students bring a water bottle to class to stay hydrated. Please make sure all shoes, water bottles, dance bags, etc. is labeled with your dancer's name.

The studio welcomes everyone to bring in drinks and snacks. However, please only water or dry nonpeanut snacks. Please try to avoid crumbs, since they tend to attract bugs. There is a microwave, refrigerator, Keurig and water cooler in the waiting area. Feel free to use these at any time. Again, if you do make a mess, please clean up after yourself. Your cooperation is greatly appreciated.

There is free WIFI in the studio! The network username is ABDA and the password is "BePositive!".

A clean studio is a happy studio! If you ever see something that needs attention, please let us know. For example: if the bathroom is out of toilet paper or paper towels, the water cooler out of water or cups, a mess that needs to be vacuumed, etc. You can leave us a note in the drop box in the waiting area, or let a teacher know at the end of class.

The entire ABDA faculty and staff are very concerned about the safety and wellbeing of every dancer. We do have first aid kits in each studio along with a plentiful supply of Band-Aids. We do have a few ice packs as well in our freezer in the waiting room.

The ABDA Drop Box is located outside the office door alongside blank envelopes, pens and blank note paper. Since there may not be anyone in the office, you can safely submit any payments, forms, notes or messages in this drop box. Someone will contact you the following day.

We welcome your comments and suggestions. If any parent/student wishes a private conference concerning your individual dance goals or financial concerns, please do not hesitate to ask. We are happy to work with you to ensure that your school year will be one of pleasure and growth. The entire faculty and staff wish you a fantastic year of dance!

Sincerely,

Angela Bates Majewski

Angela Bates Majewski

2018-2019 Calendar (subject to change)

September 5th (Wed) Company Auditions 4:30pm-9:30pm September 6th (Thurs) Open House/Registrations 6-8pm September 8th (Sat) Classes Begin and Quarter #1 Tuition (or Yearly & 1st Bi-Annual Tuition) and Registration Due *Quarter #1 consists of a 9-week session from Sept 8th thru November 8th* October 1st-6th Bring a Friend Week October 31st (Wed) Studio Closed for Halloween November 10th (Sat) Quarter #2 Tuition Due AND Recital Costume Deposits Due *Ouarter #2 consists of a 9-week session from November 10th - January 26th* November 12th – 17th Parent Visitation Week November 22nd - 25th (Thurs- Sun) Studio Closed for Thanksgiving Holiday December 14th Tentative Holiday Spectacular Dress Rehearsal December 15th Tentative Holiday Spectacular Performances December 23rd - Jan 1st (Sun-Tues) Studio Closed for Winter Break January 2nd (Wed) Classes Resume January 28th (Mon) Quarter #3 Tuition is Due AND Recital Costume Balances *Quarter #3 consists of a 9-week session from January 28th – March 30th* April 1st (Mon) Quarter #4 Tuition is Due AND Recital Performance Fee *Ouarter #4 consists of a 9-week session from April 1st - June 8th April 15th – April 20th (Mon-Sat) Studio Closed for Spring Break April 22nd-27th Costume Week & Parent Week May 24th-27th (Fri-Mon) Studio Closed for Memorial Day June TBA Recital Dress Rehearsal June TBA Recital Performances June, July & August Summer Classes and Camps

Bring a Friend Week

All dancers may bring a friend to their classes the week of October 1st -October 6th. Their friend does NOT need to have experience. They also do NOT need to have ballet shoes or attire. They should wear clothing they can move in and wear socks and sneakers.

Holiday Spectacular

This is an exciting show to take place in December to celebrate the Holiday Season. All dancers are invited to perform. Dancers will learn a holiday routine in their normal class throughout November and possibly the end of October. The studio will provide most of the costumes and accessories. You will need to supply the correct shoes, tights, hair accessories and undergarments. You may also be asked to supply basic dancewear such as shorts or leggings. The performance fee to cover the cost of costumes and the theatre rental is \$50 for those dancers who only participate in 1-2 classes per week and \$75 for those who participate in 3 or more classes per week. More info and a permission form will be sent soon!

End of the year Recital

This is a great way to showcase your dancer's talent they learned throughout the year to your family and friends. A recital routine will be taught in each class starting in January/February. This gives the class plenty of time to rehearse and make their routine look spectacular for the June recital. Times and details will be announced in the beginning of December. There is a performance fee of \$50 per student. Each dancer is also responsible for purchasing a recital costume. Most costumes range from \$55-\$85 per costume. Dancers will be measured in November and December and costumes will be ordered by January 1st. Costume deposits are due by November 10th and the balance is due by January 28th. Costumes will be handed out during parent week the end of April. More info regarding the recital will be sent in December.

Company Info

The ABDA Dance Company is designed to provide dancers with opportunities beyond the four walls of the studio. In other words, to inspire, motivate, challenge and enrich young lives. The Company is for dancers who want to enhance their dance training through performances, competitions and conventions. However, competition is not about winning. It is about striving to be the best YOU can be by setting reasonable goals and improving yourself as an individual. Dancers will be placed in groups where we, the studio, decide is the best fit. We place "like" dancers together according to certain criteria (such as technique, strength, performance skills, professionalism, attitude, work ethic, teamwork, etc.) that the studio feels will allow the students to dance to the best of their ability. Each Group will perform in 2-3 competitions, participate in at least one convention, perform at the Chester County Dance Festival, and perform in our Holiday Show and end of the year Recital. There are many other optional competitions and conventions dancers may attend on their own. There may also be other performances to add throughout the year. These events do require a separate cost from tuition and performance fees. Class Requirements - Minimum Class Requirements include weekday Ballet, Jazz, Lyrical,

Stretch & Tech, Contemporary and all weekend Company Classes/Rehearsals. Optional Classes include weekday Contemporary, Street Jazz, Tap, Pointe and Hip Hop.

Tuition & Notes

TUITION	RATES
total hours per	Quarterly
week per dancer	Payments
45 min class	\$125
1 hour	\$150
1.5 hours	\$225
1.75 hours	\$270
2 hours	\$290
2.5 hours	\$355
3 hours	\$420
3.5 hours	\$475
4 hours	\$530
4.5 hours	\$575
5 hours	\$620
5.5 hours	\$665
6 hours	\$710
6.5 hours	\$750
7 hours	\$790
7.5 hours	\$805
8 hours	\$820
8.5 hours	\$855
9 hours	\$890
9.5 hours	\$895
10+ hours	\$900
Single Class	Rate = \$20
Quarter #1 -	Due 9/8/18
Quarter #2 -	Due 11/10/18
Quarter #3 -	Due 1/28/19
Quarter #4 -	Due 4/1/19

Registration Fees	
\$30 per dancer or \$40 per family	
Special Discounts	
10% Annual Discount when	
paying for a full year's tuition	
5% Bi-Annual Discount when	
paying tuition 2x per year	
Sibling Discounts -	
10% off 2nd child's tuition of	
equal or lesser value	
20% off 3rd child's tuition of	
equal or lesser value	
30% off 4th child's tuition of	
equal or lesser value	
Performance Opportunities	
Contact us for more info about	
the ABDA Company	
Performance Opportunities!	

Quarterly payments are 4X per year and each quarter is 9 weeks. Tuition is non-refundable. We accept cash, checks and all major credit cards. Checks should be made payable to "Angela Bates Dance Academy". Return checks will incur a \$30 bank fee. A \$25 late fee will apply to all outstanding tuition over 2 weeks late

Student Portal and Communication

Every family has a student portal through the Jack Rabbit software program. You can find this link on our website by clicking on "student portal". It will prompt you to log in using the primary email address that was submitted during registration. If you did not create a password or it is not working, click on "forgot password" and enter your email address. You can then change your password and successfully log in. There is a video that will explain how to use your portal. Once logged in, you can view your dancer's classes, update contact info, add an on-file credit card, view special announcements, etc. We will post all tuition, costume and performance fees to your account for you to view. It is a great tool to keep everyone informed! If you ever have any problems or questions regarding your student portal, please do not hesitate to contact us. We will also send emails periodically with important information and reminders. It would be best to keep all communications for the school year as you receive them from our office, whether saved in your email or printed and placed in a folder. You will be receiving information about your participation in our annual December Holiday show and our June end of the year recital. We welcome your comments and suggestions regarding any of our policies or procedures at any time.

Attendance Policy

ABDA is a full year program and in order to get the best dance education possible, we expect our students to be present for all classes and performance. Therefore, we do not give credits for missed classes. However, we will offer make up classes for any classes missed due to sickness, inclement weather etc. Classes dropped without a written notification will be held responsible for any current balances. We request that you arrive at the studio with adequate time to prepare for class, parking, changing,

restroom, etc. Parents, for your children's safety, please be available in the waiting room to receive students when dismissed from class. Please call whenever delayed for class start time or pickup. Make sure to park in an actual parking spot out front of the studio to avoid any confusion or safety concerns. Drive slowly and carefully while in our parking lot and be on the lookout for tiny dancers popping out behind cars. Dancers should use the restroom BEFORE class begins especially younger ones. It is advised that students bring a water bottle to class to stay hydrated. Please make sure all shoes, water bottles, dance bags, etc. are labeled with your dancer's name.

Inclement Weather

If there is inclement weather such as snow and ice and dangerous travel conditions arise, we will be forced to close. We will post closures on social media along with an email that will be sent. Students will be asked to attend a makeup class for the class they missed due to inclement weather.

Personal Belongings

Most dancers will bring their shoes and other dance accessories in a bag (dance bag). There is a dressing room to use for changing. It is best NOT to use the bathroom for changing. Dancers may bring their belongings into the Studio OR they may leave them in a cubby in the dressing room or waiting area. It is recommended that dancers bring valuable items such as phones and wallets into the studio with them. However, all phones must be silenced during class AND may not be used during class. It is also recommended that dancers bring a water bottle to class.

Waiting Areas and Dressing Room

Please note that the waiting rooms are made available for the convenience of our students and their families. The waiting rooms are for waiting, reading, TV watching, snacking, conversation, video viewing, homework, and children playing with toys or games. We ask that you please respect the activities of others and the classes in session. If you use our books and magazines, we would appreciate it if you would return them to the shelves. If younger siblings play with our toys, please make sure you return all toys to where you found them. Do NOT leave all the toys out for someone else to clean up. If you do make a mess, please clean up after yourself. Your cooperation is greatly appreciated. Parents/guardians may drop off dancers and leave to run errands and what not OR they may stay in our waiting area while dancers are enjoying life in our studios. Dressing rooms are for dancers to change if need be. Please make sure no men or boys are in the dressing room while girls are getting changed. Men and boys may use the restroom to change. Please use respect while in the waiting area and dressing rooms.

Food and Drinks

The studio welcomes everyone to bring in drinks and snacks. However, please only water or dry non-peanut snacks. Please try to avoid crumbs, since they tend to attract bugs. There is a microwave, refrigerator, Keurig and water cooler in the waiting area. Feel free to use these at any time. Again, if you do make a mess, please clean up after yourself. Your cooperation is greatly appreciated.

Safety and Cleanliness

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Dress Code

We want all our dancers to feel comfortable and confident to insure they learn & dance their best at all times. Please respect the following dress code. Contact us if you have any questions.

Mommy & Me - Pink leather full sole ballet slippers (preferably Bloch #S0205), leotard (any color or style), pink tights, optional ballet skirt, and hair pulled back preferably into a bun. Parent or guardian should wear comfortable clothes and shoes that they can easily move in and/or sit on the floor.

Predance & Ballet/Tap levels 1-3 - Pink leather full sole or split sole ballet slippers (preferably Bloch #S0205 or #S0203), leotard (any color or style), pink tights, optional ballet skirt, black patent leather tap shoes (preferably Bloch #S0350G), hair pulled back preferably into a bun.

Jazz levels 1-3 - Tan or caramel slip-on jazz shoes (Bloch #DN981G, #S0499L #S0495), leotard (any color or style), leggings or fitted shorts, optional tan tights, hair pulled back into a ponytail or bun.

Ballet & Pointe levels Beg/Int, Int, Int/Adv and Adv - Pink split sole ballet slippers (canvas or leather), pink pointe shoes (if applicable), leotard (any color or style), pink or salmon tights, optional ballet skirt, and hair must be pulled back into a bun.

Jazz, Lyrical & Leaps & Turns levels Beg/Int, Int, Int/Adv and Adv - Fitted clothing such as leotards, tank tops, leggings, shorts etc., tan/caramel slip-on jazz shoes (Bloch #DN981G, S0499L, #S0495) OR possibly Turner Shoes, hair pulled back into a ponytail or bun.

Contemporary levels Beg/Int, Int, Int/Adv and Adv - Fitted clothing such as leotards, tank tops, leggings, shorts etc., bare feet, and hair pulled back into a ponytail or bun.

Tap levels Beg/Int, Int, Int/Adv and Adv - Fitted clothing such as leotards, tank tops, leggings, shorts etc., Black Oxford Tap Shoes (Bloch or Capezio), hair pulled back into a ponytail or bun.

Hip Hop and Street Jazz all levels - Comfortable and appropriate clothing, sneakers, hair pulled back into a ponytail.

*All the above items can be purchased at *Danceline* in Paoli and the *Brandywine Dance Shoppe* in Wilmington, DE (tax free), *Swan Dancewear* in Narberth and *Definitely Dance* in Exton and *Motions* (offers a 10% discount) in Drexel Hill *

ABDA Mission Statement

The Angela Bates Dance Academy's purpose is to create a positive and inspirational learning environment while providing the best quality dance education incorporating life lessons, friendships and memories that will last a lifetime.

Code of Ethics/Conduct

We the dancers, faculty and staff of the Angela Bates Dance Academy are a vibrant community of people who have a high regard for each other, the art of dance, and the respectability and value of the work we do. All who participate are requested to demonstrate the willingness to be held accountable to uphold the values and ethics we declare as the fundamental guidelines stated below. In all our endeavors to study and perform as an expression of our love of dance, we show respect to the parents, our peers, the staff and faculty of ABDA and all the wider dance community, including our competition. We consider it a privilege to participate in a worldwide community for the performing art of dance exemplifying the values of integrity, character, leadership, responsibility and professionalism.

- <u>INTEGRITY</u>: To conduct oneself with honesty, courtesy, and respect. To express consideration for one's fellow dancers, educators, parents, staff and competitors. To be a person who leads by example and honors commitments. To be a person other people can count on and look up to.
- <u>LEADERSHIP</u>: To guide, direct and influence people in achieving their highest goals and ideals. By setting an example through one's actions and speech. To inspire and serve the people of your class, team, or community through full participation in all dance related activities.
- <u>RESPONSIBILITY</u>: To respect and adhere to the policies and procedures of the studio or the organizers of any conference, workshop, or competition. To be a person who interacts with peers and authority figures in a mature manner. To question authority in a respectful manner. To speak of any issue or grievance to the person who is able to resolve any concern. To be willing to receive coaching and direction when deemed appropriate.
- <u>CHARACTER</u>: To be a person who represents high levels of personal integrity, leadership, and responsibility for oneself and others. A person who has the courage and willingness to face issues and concerns with maturity and dignity. To avoid gossip, criticism, or demeaning comments for any member of the dance community, parent, or peers.
- <u>PROFESSIONALISM</u>: To respect the dance profession and uphold our values and standards of conduct. To support and encourage one another. To voice opinions and initiate change that will elevate the dance community. To recognize oneself as a role model at all times. To love the study and performance of dance as a universal art form.

Faculty (see headshots and bios on our website)

- Angela Bates-Majewski (ABM) Owner and Director teaching Predance, Ballet, Pointe, Tap, Lyrical, Contemporary, and Stretch & Tech
- Allyssa Millar (AM) Predance, Ballet/Tap, Hip Hop and Jazz Faculty
- Marlena Buckley (MB) Predance and Ballet/Tap Faculty
- Makenzie Crane (MC) Stretch & Tech, Contemporary and Lyrical Faculty
- Olivia Mailey (OM) Company Class Teacher and Sub
- Alexa Meissner Chambers (AMC) Jazz and Contemporary Faculty
- Gabby Wright (GW) Street Jazz and Contemporary Faculty
- Beth DeVito- Mondzelewski (BM)- Ballet and Pointe Faculty
- Rita DeChillo (RD) Ballet/Tap and Jazz Faculty
- Stephanie Smith (SS) Hip Hop and Acro Faculty

Classes Levels

- Mommy & Me Ballet class for young dancers approx. ages 1.5-3 that work with a parent or guardian.
- **Predance** Ballet/Tap class for Preschool dancers approx. ages 2.5-4 with little or no previous experience.
- **Ballet/Tap Level 1** approx. age 4-6 with little or no previous experience.
- Jazz Level 1 approx. age 4-7 with little or no previous experience
- Beg Hip Hop approx. age 4-7 with little or no previous experience
- Ballet/Tap level 2 approx. age 5-8 with some prior experience, such as Ballet/Tap level 1
- Jazz Level 2 approx. age 6-8 with little or no experience in Jazz
- Ballet/Tap level 3 approx. age 7-9 with prior experience such as Level 1 or 2
- Jazz 3 approx. age 7-9 with prior experience such as Level 1 or 2
- Beg/Int Ballet, Pre-Pointe, Jazz, Tap, Lyrical, Street Jazz, Hip Hop, and Contemporary approx. age 7-10 with some prior dance experience
- Int Ballet, Pointe, Jazz, Tap, Lyrical, Street Jazz, Hip Hop and Contemporary approx. age 9-12 with prior dance experience
- Int/Adv Ballet, Pointe, Jazz, Tap, Lyrical, Contemporary Modern, Street Jazz, Hip Hop and Contemporary approx. ages 11-15 with prior experience and dancing at an intermediate/advance level
- Adv Teen Ballet, Pointe, Jazz, Tap, Lyrical, Contemporary Modern, Street Jazz, Hip Hop and Contemporary approx. ages 13-16 with prior experience and dancing at an advance level.
- Adv Senior Ballet, Pointe, Jazz, Tap, Lyrical, Contemporary Modern, Street Jazz, Hip Hop and Contemporary approx. ages 16-19 with prior experience and dancing at an advance level.
- Teen/Adult Ballet. Jazz, Contemporary and Tap- A fun class designed for ages 13+ with little or no experience necessary

General Information for all our classes at ABDA -

- Every class at ABDA is designed to build confidence and self-esteem. We want every dancer to feel happy and succeed not only in dance but in anything they do in life. "Dance Lessons Are Life Lessons"!

- Our classes are conducted in a positive, encouraging and nurturing way along with the discipline and focus that the art of dance encompasses.

- ABDA is a family of dancers. We are very family oriented. We encourage everyone to be themselves and in return accept others for who they are.

- Our recreational classes give dancers the best quality dance training in a less strict environment. These classes are social and fun.

- Our accelerated classes and dance company give dancers more serious training with more regulations and discipline, but still done in a super positive environment.

- The company is designed to give dancers more performance opportunities besides our Holiday Show and end of the year Recital. Other performance opportunities include dance competitions, dance conventions, dance festivals locally and nationally, nursing home performances, parades, etc.

Styles of Dance Classes Offered

Mommy & Me - This class is a perfect introduction to the art of dance for ages 1.5-3 (age as of September 1st) that teaches the fundamentals of basic creative movement with the assistance of a parent or guardian. It will introduce young dancers to the joys of movement and the elegance and grace of ballet in a fun and creative way. Age appropriate work is taught each week and includes balance, coordination, creative movement, self-esteem skills, confidence skills, listening skills, and basic dance skills.

Predance - This combo class of Ballet & Tap for ages 2.5-4 (age as of September 1st), teaches the fundamentals of basic classical ballet and tap dance. Predance will introduce young dancers to the joys of rhythmic movement and the elegance and grace of ballet in a fun and creative way. Age appropriate work is taught in both disciplines each week and includes balance, coordination, creative movement, self-esteem skills, confidence skills, listening skills, and basic dance skills.

Ballet - Classes begin in the predance level and continue throughout Level, 1, 2 and 3 as a combination class with Tap. A more accelerated ballet program will be offered in our Beg/Int Level and continuing in our Int/Adv Level and Adv Level. Class includes confidence, poise, posture, grace and ballet technique.

Pointe - Pointe is the art of ballet done on the tops of their toes with using special shoes. Pre-Pointe is offered at age 9 and actual Pointe classes begin when a dancer is physically, emotionally and developmentally ready. Instructors will help with determining when a dancer is ready. Students must be proficient in Ballet with very strong ankles, legs and core strength.

Tap - Classes begin in the predance level and continue throughout Level 1, 2 and 3 as a combination class with Ballet. A more accelerated program will be offered in our Beg/Int level and continuing in our Int/Adv Level and Adv Level. Class includes rhythm, balance, coordination, performance, confidence, self-esteem and fun. The style of tap offered will include training in "Broadway" style tap AND "hoofing" style tap.

Jazz - Classes are offered for ages 4 and above. Class emphasizes confidence, style, energy, power, flexibility, strength and classic jazz technique. These classes use popular pop music and are super fun and high energy. All movements and music are age appropriate.

Lyrical - Classes are offered for ages 7 and above. Dancers must have prior Ballet and/or Jazz training. Lyrical is expressing emotion appropriately representing lyrics in a song. This style utilizes proper Ballet and Jazz technique.

Contemporary - Classes are offered at age 7 and above. Contemporary Dance is a fusion of interpretive movement incorporating ballet, jazz, lyrical and modern technique. Dancers should have prior Ballet and/or Jazz training.

Hip Hop- Classes are offered for ages 4 and above. This is movement you would see in music videos for popular R&B, Rap, and Pop music. Hip Hop classes are recreational type classes that provide aerobic health, personality, style, confidence and coordination. Classes are fun and social. All movements and music are age appropriate.

Street Jazz - Classes are offered for ages 7 and above. This style is very similar to Hip Hop, but incorporates Jazz technique along with the Hip Hop style.